

THURSDAY

THE REFUGE

7:00-8:00pm
Singing Bowls with Joshua Stoddard

WELLNESS AT PICKATHON

FRIDAY

SATURDAY

SUNDAY

	THE REFUGE	LUCKY BARN	OUTSIDE THE LUCKY BARN	THE REFUGE	LUCKY BARN	OUTSIDE THE LUCKY BARN	MEDICAL TENT	THE REFUGE	LUCKY BARN	OUTSIDE THE LUCKY BARN	MEDICAL TENT
7:00											
7:30		7:00-8:00am Yoga with Pamela Sery	7:00-8:00am Yoga with Suniti Dernovsek		7:00-8:00am Yoga with Jessica Baker	7:00-8:00am Yoga with Pamela Sery	7:00-8:00am Fun Run with Nikki Weaver		7:00-8:00am Yoga with Pamela Sery	7:00-8:00am Yoga with Bonnie Weeks	7:00-8:00am Fun Run with Nikki Weaver
8:00											
8:30		8:00-9:00am Yoga with Jessica Baker	8:00-9:00am Yoga with Nikki Weaver		8:00-9:00am Yoga with Katy Lauraine	8:00-9:00am Yoga with Kendall Hassemer			8:00-9:00am Yoga with Kendall Hassemer	8:00-9:00am Yoga with Heather Shaw	
9:00	9:00-9:30am Singing Bowls with Joshua Stoddard			9:00-9:30am Singing Bowls with Joshua Stoddard				9:00-9:30am Singing Bowls with Joshua Stoddard			
9:30											
10:00	10:00-10:30am Yoga with Bonnie Weeks	9:30-10:20am Yoga with Karen Pride	9:30-10:20am Yoga with Kendall Hassemer	10:00-10:30am Yoga with Pamela Sery	9:30-10:20am Yoga with Karen Pride	9:30-10:20am Yoga with Bonnie Weeks		10:00-10:30am Folk sing-along with Alia Farah & Shelley Short	9:30-10:20am Yoga with Nikki Weaver	9:30-10:20am Yoga with Suniti Dernovsek	
10:30											
11:00				11-11:30am Yoga with Suniti Dernovsek				11-11:30am Happenstance with Karen Pride			
11:30	11:00am-12:30pm Folk Sing-along with Alia Farah & Shelley Short										
12:00				12-12:30pm HeartMind - The Art & Science of Meditation with Heather Shaw				12-12:30pm Sing-along with Alia Farah			
12:30											
1:00	1:00-1:30pm Yoga and Kirtan with Katy Lauraine			1:00-1:30pm Sing-along with Shelley Short & Darren				1:00-1:30pm Weaving Women Together with Nikki Weaver			
1:30											
2:00	2:00-2:30pm Sing Along with Alia Farah			2:00-2:30pm Singing Bowls with Joshua Stoddard				2:00-2:30pm A Naturopath Perspective with Kendall Hassemer			
2:30											